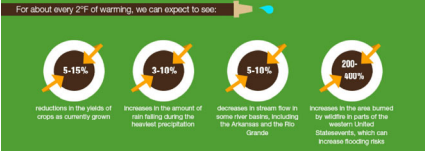
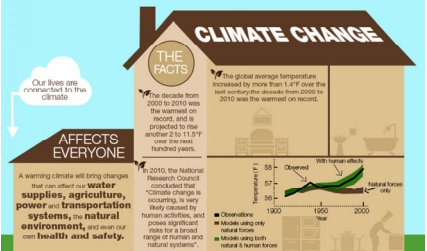




## CLIMATE CHANGE & MAKING YOUR HOME ECO-FRIENDLY

The Earth's climate is changing. Globally, this is evident in increasing average air and ocean temperatures, widespread melting of snow and ice and rising average sea levels.



We are always being encouraged to be more eco-friendly and it is possible even with small changes.

- Light bulbs**  
**ECO FACT!** Trading just one incandescent for a compact fluorescent (CFL) prevents the emission of over 100 pounds of greenhouse gases.
- Glass Jars**  
 Rinse after use and reuse or recycle, don't dump in the trash.
- Water**  
 Pursue simple water-saving actions such as not letting the water run while shaving or brushing teeth.  
**ECO FACT!** Running your dishwasher only with a full load can save 100 pounds of carbon dioxide and \$40 per year.
- Old Batteries**  
 Many retailers will take your old batteries for disposal or by using recycler boxes.  
**ECO FACT!** Billions of batteries are sold every year, and many contain heavy metals and corrosive acids that pollute the soil, land and water.
- Paper Towels**  
 Cut up old rags for use in the kitchen and your use less paper towels and also save money!
- Paper Cups**  
 Buy a reusable commuter mug.  
**ECO FACT!** 130 billion paper cups are used in North America each year.
- Heating**  
 Check for drafts around windows and doors, ensure your home is properly insulated. And be sure your heater is running at maximum efficiency by having it serviced.
- Cleaning Products**  
 Try to make your own for example:  
 Baking Soda - cleans, deodorizes, softens water, scours.  
 Lemon - one of the strongest food-acids, effective against most household bacteria.  
 White Vinegar - cuts grease, removes mildew, odors, some stains and wax build-up.
- Reusable Bags**  
 Get into habit of taking reusable bags to the store.
- Compost**  
 Composting your food and yard waste reduces the amount of garbage that you send to landfills and reduces greenhouse gas emissions.

REFERENCES  
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